

Dress Rules for Under 12s

UKA guidelines for under 12 medallist

GIRLS DRESS:

- Materials used to be the same colour & shade throughout with no metallic or contrasting threads
- No panels or inserts to be used in the bodice or skirt Plain or pleated only
- No cut outs in bodice
- No two piece outfits(except leotard and skirt)
- One hem length all the way around
- Skirt length to be not more than 5cm above the knee Max length must be 10cm above the top of sock line
- No more than two underskirts permitted
- Simple neck lines please, no plunging or revealing lines
- Back must be high either straight or with a simple scoop/insert
- Short, three quarter, long fitted, puff and cap sleeves are all permitted
- No sequins, stoning, or other decoration.
- Neckbands, arm bands, floaters & gloves are not allowed
- White ankle socks
- Regulation or shoes with block heels up to 3.5cm to be worn no sling backs allowed. No stiletto or high heels
- Make-up and false tan may be lightly used.
- False eye lashes are not allowed
- A small flower may be worn with simple, classic hair style
- Only small jewellery of a religious nature may be worn

BOYS OUTFIT

Black Trousers and a plain white or black shirt

A black tie or bow may be worn